

The NEW HAMPSHIRE

The independent student newspaper of the University of New Hampshire since 1911

TNHDIGITAL.COM Thursday, April 25, 2019 VOL. 108, NO. 26

Alumnus hired as New England Patriots cheerleader



Courtesy of Dwight Darian

By Madailein Hart
STAFF WRITER

University of New Hampshire (UNH) alumnus Driss Dallahi, who majored in dance with minors in business administration and kinesiology, has been accepted to be a New England Patriots

cheerleader, one of the two first men on the cheer team in over 30 years. Even though he has been accepted into this elite group of cheerleaders, Dallahi did not actually start cheering until about a year ago. “The first exposure I had to cheer was a small team called

Gotham Cheer based in NYC that does volunteer work for different organizations in the NY area,” he said. The audition process for the Patriots was different from what Dallahi was used to. It started with an optional workshop in January, and then preliminary auditions in early March, finals halfway

through March, and ended with a two-week boot camp. At the end of the two-week boot camp, the final team was announced, and Dallahi found out he was a Patriots cheerleader. “There were media interviews/trainings, tests of our knowledge of the team and industry, and how we worked cohe-

sively as a team. It really pushed me so far outside of my comfort zone and I am so stoked to be able to continue to grow and learn with the organization,” Dallahi said. Since he made the team, his schedule hasn’t slowed down.

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Durham community members react to Notre Dame fire

By Rose Correll
STAFF WRITER

Camden Ward, a UNH student studying abroad in Paris, was joining his host family for dinner when he received an unexpected Facebook message from his mother back home. “Notre Dame is on fire!” it read. He also saw the same notification on the BBC. Ward and his host family had just sat down for a meal of veal; a bottle of white wine from St. Tropes was just being poured. His host mother immediately stopped chewing, and they both ran to the TV as the events unfolded on-screen in front of their eyes. “The news was capturing the immediate shock everyone felt in Paris,” Ward said. “It wasn’t anger, it wasn’t fear; it was just pure disbelief that this historic monument was totally engulfed in hellish flames coating the building in red and orange as night ap-

proached.” On April 15, the historic Notre Dame Cathedral in Paris, a national landmark of Gothic architecture, caught fire. The structure was in the midst of renovations when, at roughly 6:15 p.m Paris time, the 850 year-old cathedral was engulfed in flames. By 6:43 p.m, the flames rose to nearly 10 feet high, according to CNN on April 20. It took the Parisian fire department nine hours to put it out. Larry Brickner-Wood, a chaplain and the executive director of Durham’s Waysmeet Center, expressed devastation upon hearing the news. “Notre Dame is an iconic structure that encompasses so much historical, architectural and artistic significance,” Brickner-Wood said. “It has been a centering force for so many, and a sacred and special place in the Christian tradition.” The fire destroyed the spire and the portion of the roof con-

structed from wood. Prior to construction, many of the artifacts were removed, along with the gargoyles outside of the cathedral which are said to be protectors against evil. Notre Dame notably housed the Holy Crown of thorns that is said to be the one Jesus wore on the cross. It, along with the church’s 8,000-pipe organ, were saved, as well as several other historic artifacts and works of art, according to CNN on April 19. French President Emmanuel Macron vowed to rebuild the cathedral; per the BBC, as of April 24, nearly \$835 million has been donated to repair Notre Dame. “For me, I’ve just been remembering the two times I’ve gone within Notre Dame,” Ward said. “Each time I was floored by the overbearing feeling of ‘presence.’ I’m not a religious person, but regardless it’s hard not to have a tangible ‘feeling’ of how important the building it and its incredible beauty when standing within.”



Courtesy photo

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Archaeology Day at UNH



Column Showdown: Sam and Josh square off



Sports editors discuss highlights of the NBA postseason through the first round with differing opinions.

This Day in TNH History

The New Hampshire *has been in circulation for over a century. See the front page of an issue from 2000.*

Editorial

Executive Editor Bret Belden discusses going through college, expectations and delivering on potential.

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Weather according to weather.com

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of TNH will be
published on

Thursday, May 2, 2019

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new content
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Cheerleader
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“There are practices throughout the week where we will be learning new choreography, continuing with media training, and enduring the BMAX workouts which are designed by Andy Berler to keep us in the best shape possible,” he explained.

Even though Dallahi has only been cheering for a short time, he has been dancing ever since his mother signed him up for an all-boys hip hop class over 15 years ago. Dallahi credits his “crazy dance mom” for the success, as she provided supports and critiques throughout his dance career. Now a Patriots cheerleader; however, friends, family and people who he hasn’t heard from in years are coming out and showing their support for him, which Dallahi called a “humbling” experience that he is grateful for nonetheless.

He started taking dancing more seriously in high school, while also looking at shows like “So You Think You Can Dance” and to choreographers such as Wade Robson, Brian Friedman and Josie Walsh because of their “stunning work and influence on

the industry.”

As for his other idol, Beyonce:

"I know it is a little cliché, but her presence, artistry and sheer talent have always been a bar that I want to live up to," he said. "Always reinventing herself and molting a layer of skin almost to become a better version than before."

The dance program at UNH challenged Dallahi in terms of his knowledge of terminology, the industry, and his own body. He said the program made him think of everything he had learned about dance and use it all at once, which pushed him outside of his comfort zone. Thus, his perspective on dance started to change from a solo competitive activity to wanting to be part of a team.

“There were so many different opportunities to get involved as well as opportunities to choreograph my own work which was so exciting,” he said, “With company, we had rehearsal every Saturday morning at 8 a.m. and that was perfect because it trained me for my now Saturday morning Patriots cheerleader practices!”

Dallahi says that he is thankful for the dance program at UNH and has made life-long friends throughout his college career.

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Courtesy of Dwight Darian

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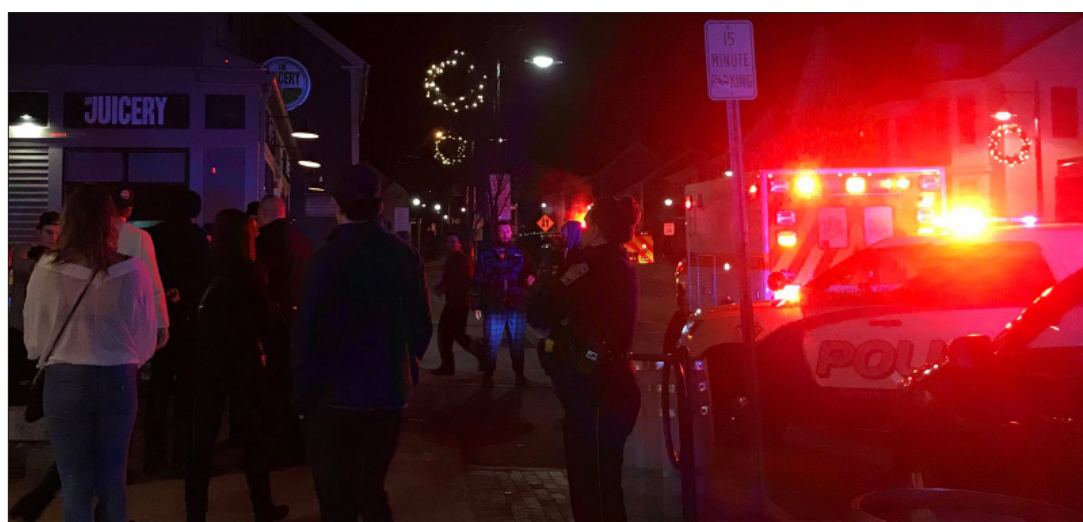
TNH's Year in Review



Courtesy of the April 4 issue



Courtesy of the November 1 issue



Courtesy of the December 6 issue



Courtesy of the November 8 issue

To our readers: Thank you for an amazing year. We love you!



Courtesy of the September 23 issue



Courtesy of the September 23 issue



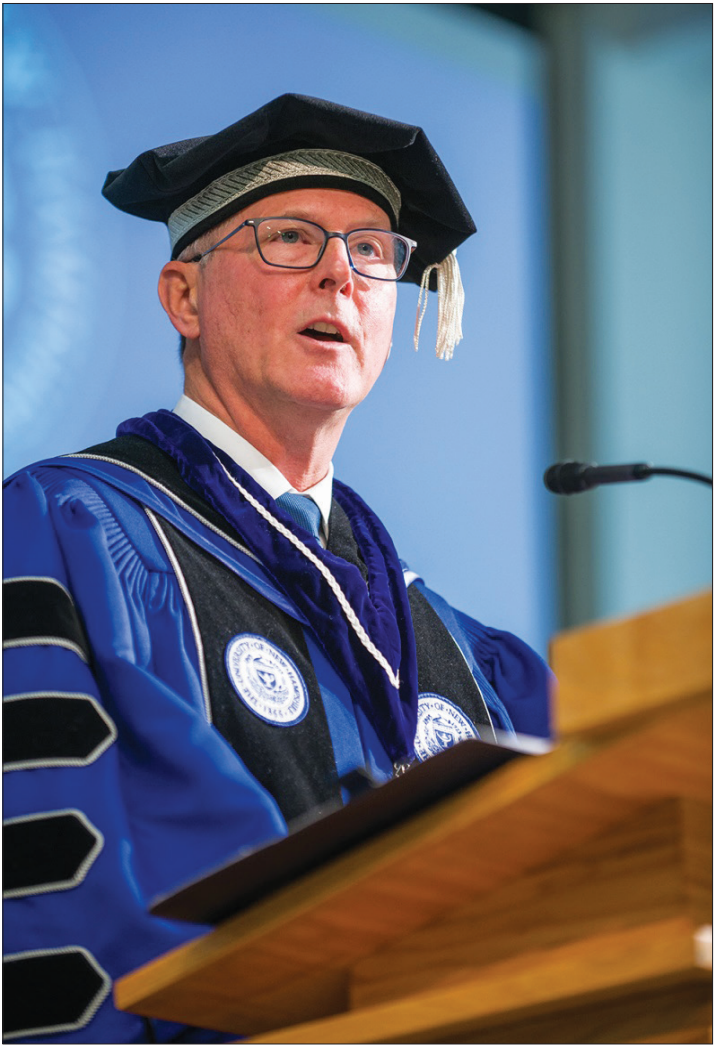
Courtesy of the November 15 issue



Photos courtesy of the November 8 issue



Courtesy of the March 28 issue



Courtesy of the October 18 issue



Courtesy of the February 7 issue



Courtesy of the September 20 issue



Courtesy of the February 7 issue



Courtesy of the September 6 issue

Turning Point speaker critiques “liberal privilege”

By Benjamin Strawbridge
NEWS EDITOR

With the explicit goal of spreading awareness of “liberal privilege” on modern college campuses, political group Turning Point USA at the University of New Hampshire (UNH) hosted the “Liberal Privilege Tour” in the MUB Theater 2 starring Cabot Phillips, the media director at online media outlet Campus Reform.

The April 23 event marked Phillips’ first time speaking at UNH and the final stop on the nationwide tour, which featured stops at many universities across the country, where he discussed the notion that “liberal” students that lean toward Democrat-favored views are granted “privileges” that “conservative” students are denied.

Campus Reform, according to Phillips, is an online publication hosted by the Leadership Institute covering college news that attempts to “expose the overwhelming bias that goes on college campuses” as well as the “systemic oppression of conservative voices” and “different measures...to take away free speech from students.” He told the audience that he has been covering the topic for the last three years and he has seen instances of “liberal privilege” on “hundreds of different campuses” after talking to “thousands of different students.”

“...I think we should all agree that it’s a bad thing on any college campus when people have their free speech rights taken away from them...[I’ve] seen this mindset growing where the First Amendment is under attack, and it’s no longer just taken for granted that people are willing to have free speech and allow others to have their free speech,” he said. “That’s something that really is under attack and I think it’s important for us to shine a light on that.”

Phillips called the university in general a “marketplace of ideas,” one home to a variety of viewpoints, theologies, and personal experiences from which students can form their own perspectives on issues and the world. Despite stating that Campus Reform has put “a lot of time and effort” into studying patterns of political bias on college campuses, he stressed that his examples of “privileges” in his presentation were intentionally broad and did not fully reflect UNH itself, but rather represent instances where university policy in general has reportedly expressed favoritism toward liberal students to the detriment of conservative ones.

In the core segment of his talk, Phillips said that “liberal privilege” starts with the concept of identity politics, where, per the speaker, a “push from the far-left” forces students to make decisions and possess certain mindsets based on their race, sex, gender, religion and other personal factors, resulting in a “hierarchy of oppression,” - quoting conservative Ben Shapiro – a system he criticized for, in his mind, allowing students to solve their problems and deal with potential oppressors in their eyes is to “complain” about the problem instead of taking direct action.

“...I think we see it going on, especially in academia, where you have this mindset of telling people, ‘we’re going to reward you based on the things that you can claim oppression from or oppression to.’ And there are, of course... real things that are oppressive in society and there are going to be real struggles that many people face, but...I think you give it power when you tell them to let it rule you, I think you give it power when you tell someone, ‘if you’re not making [where you want to be] in life [sic], it’s probably because you don’t check as many privilege boxes as someone that is successful,’” he said. “And I think when you tell people who are successful, ‘you’re getting there because of the privilege you have,’ you’re getting there not because of your hard work but in spite of it, and I think that’s not [an] empower[ing] message...”

Phillips stressed that, although efforts to fight “white privilege,” “male privilege” and “straight privilege” have good intentions, it fails to stem others from claiming privileges of their own, especially “privileges” that seemingly benefit the political left on college campuses, which he called the “most real and most present privilege enjoyed by people especially on college campuses in America.”

“I think liberal privilege essentially means that if you are on the political left, you’re going to have an easier go of it, you’re not going to face the same struggles and same pitfalls that your conservative counterparts face,” he stated as his definition of the term.

The speaker said “liberal privilege” “manifests” in three main places: academia, the media, and social media.

In the first category, Phillips said that in academia, one does not have to “come out” as a liberal due to stronger acceptance of liberals by students and faculty than conservatives on campuses and where there are social “ramifications” for revealing oneself to be conservative, and where professors would structure their

readings and discussions around popular liberal perspectives. He pointed to a study conducted by social psychologist Jonathan Haidt that reportedly found that, for every one self-proclaimed conservative or libertarian professor, there were 12 self-identified liberal professors.

Phillips added that there were few notable instances of conservatives protesting liberal speakers, the opposite to liberal groups protesting conservative speakers, such as the occurrences at last year’s Turning Point USA event at the Whittemore Center featuring Dave Rubin. He claimed universities are using “speaker fees” worth thousands of dollars against “controversial” conservative speakers as a means to make it harder for them to present their views on campuses while rewarding protestors threatening such events.

In the second category, Phillips explained that “[l]iberal privilege in the media means that you have the privilege of knowing that your ideas are going to be held up and propped up in the mainstream media as a whole. It means that whenever someone hears a conservative idea, it’s usually being told with a skew and that...ultimately, your legwork is being done for you by the media.”

He pointed to a Gallup poll in which 44 percent of mainstream media stories had a positive slant in favor of President Barack Obama - while President Donald Trump had only five percent of stories from the media possessing a positive slant – as a means of providing evidence toward his second source of “liberal privilege.” [date of study unknown] Phillips also pointed to declining national trust in the media by the public as a sign that “liberal privilege” in the media “backfir[ing],” comparing moments such as media reactions to Trump’s 2016 election to the tale of “The Boy Who Cried Wolf” following months of coverage of the Trump campaign.

In his third category, social media, Phillips said that liberal social media users do not face the same backlash for sharing their political views online compared to more conservative users, claiming that it is very difficult to “prove” social media bias, especially when major online platforms such as Facebook and Twitter often place the blame on their algorithms for frequent censoring of certain users.

“But any time you do see people that are being banned from social media that are higher profile, they are almost always on the right; any time you see hashtags that are being supposedly throttled or any time you see video

content that’s been taken off the ‘trending’ page...things like that, they are very hard to put a finger on, again, that are very hard to point to and say, ‘here’s the definitive proof.’ But [for] most people, it’s very obvious to them where the bias in social media is coming [from], it’s very obvious to them which ideas are gaining precedence over others.”

The speaker pointed to an experiment conducted by American-Canadian commentator Steven Crowder where he copied titles of YouTube videos from left-leaning media outlet The Young Turks and pasted them onto videos of his right-leaning channel; per Phillips, Crowder’s videos were “instantly” flagged by YouTube as “inappropriate” due to the title and not because of the videos’ contents; different “standards” for differing political perspectives online.

Phillips also discussed how politically apathetic students are pressured on college campuses to accept the majority viewpoint of students and faculty, regardless of their own beliefs, to avoid negative social confrontations.

“If you’re an average 18-year-old student and you wander onto campus freshman year, you walk into class [like], ‘I’m apathetic politically, I don’t really put much thought into my politics, I’ll just go with the flow,’ you’re going to go with whatever is socially expedient for you, you’re going to go with whatever puts up the least fight amongst your peers, you’re going to go with whatever you think is easiest and whatever you hear the most from people in authority. So if that’s your way forming your political beliefs, of course you’re going to end up on the left, of course you’re going to end up saying, ‘I identify as a liberal’ because that is what everyone else around you does, and it’s the easiest for you, it’s the thing that make most sense; the path of least resistance.”

Phillips, at the end of his talk, led a question-and-answer segment with the audience with topics ranging from his thoughts on the Green New Deal to his opposition to intersectionality, specifically referring to supposed hypocrisy involving support for a college LGBT group from Students for Justice in Palestine during protests against Israel when, per Phillips, Palestine, unlike Israel, prohibits and punishes homosexuality.

“I think that, definitely, when you have a more provocative speaker, you get more people here like we did with Dave Rubin last spring,” UNH Turning Point USA External Chair Bradford Wilbur, a junior political science major, said, “but we wanted to bring

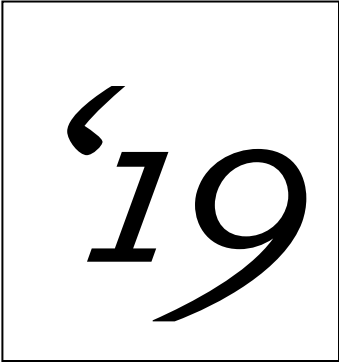
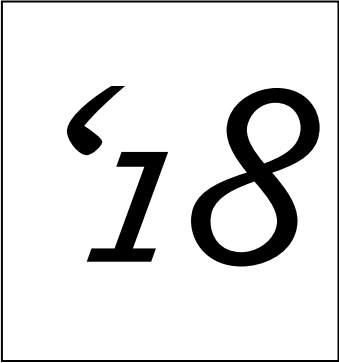
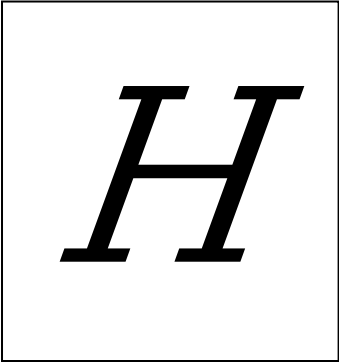
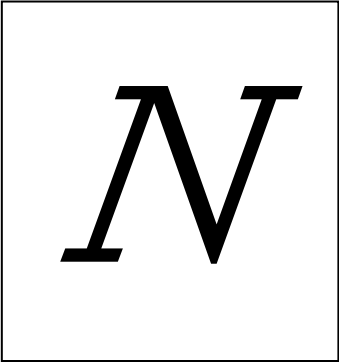
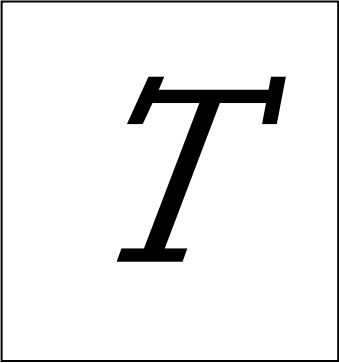
somebody a little less controversial, just somebody that was gonna, you know, support our opinions and support our positions; and when you just have a, you know, basic event, you don’t have the kind of audience that you do when you have Dave Rubin come by. [But] I’m glad at the turnout, there were a lot of new faces there and I hope that we can have some new people that join the org.”

Students expressed both positive and negative responses to the event. Oceanography graduate student Patrick Hampson told The New Hampshire that he was “glad” for the event so that “people of different backgrounds could gather and exchange ideas.” Hampson added that he first heard of Turning Point following last year’s controversial event hosted by Dave Rubin that sparked student protests.

Sophomore history and recreational management and policy double major Luke O’Connell, in a Facebook message to The New Hampshire, said in response to the event that they disagree with Phillips’ claims that [university] administration “brainwashes” incoming politically apathetic students to make them “liberal-minded,” or that, because they do not have to defend themselves on campus, they are “intellectually weak” compared to more conservative students.

“I also disagree with his opening statement that liberal privilege is the most prominent privilege in higher education... especially in the represented demographics at UNH,” O’Connell wrote. “It was interesting to note that the great majority of the folks in the audience were white men, and if those in that audience feel their biggest threat to identities they hold is being a conservative, they’re blessed and I encourage them to do some more research and really internally think on that belief. Cabot’s metaphor to sheltering college students from conservative beliefs to elementary schools banning peanut products from their schools is beyond ridiculous, as well as his statement that most liberals thought that the ‘nomination of Kavanaugh (was) going to kill five million people.’”

“I did appreciate that he critiqued the conservative party for mandating that private companies be mandated by the federal government to have less regulations when it comes to free speech, particularly Twitter,” O’Connell added. “But overall, [Phillips] pointed out no other issue the right-leaning party has within itself.”



On the Spot

with former TNH photographer China Wong

By Meghan Murphy
CONTRIBUTING
WRITER

China Wong stood braced with her lens against the glass and her fingers touching the shutter. Her settings were perfect, and she trusted that she'd be ready for the moment when University of New Hampshire (UNH) Men's Hockey would celebrate scoring a goal against Northeastern.

Suddenly, UNH Hockey player #22 Ara Nazarian shot the puck past Northeastern's goal-keeper.

With the biggest burst of excitement, he turned right, skating right towards Wong. Even at rink level, tall male hockey players flying on their skates, didn't discern Wong's confident 5-foot-6-inch stature.

Wong locked into the viewfinder and pressed down on the shutter hoping at least one of almost 2,000 total images from the event came out clear. In the blink of an eye, Nazarian was face to face with her camera.

"I remember getting this terrible feeling and I knew something was wrong," the 22-year-old producer of digital and social media for the Springfield Thunderbirds hockey team said.

At the exact moment Nazarian gave her the ideal frame, Wong's Nikon D610 "froze under

pressure," she said.

Wong was disappointed in not getting "the shot" from the 2017 Frozen Fenway game between UNH and Northeastern, the night the diamond transitions to an ice hockey arena. Yet Wong's dedication and hard work while studying at UNH allowed her to move forward and become not just a professional photographer but the official photographer for the Thunderbirds as well.

Besides being an avid dog-lover and the creator of the @DogzofDurham Instagram page, Wong held three formal photographer positions on campus as a full-time student studying journalism. As a staff photographer for *The New Hampshire* newspaper, the Communications and Public Affairs team (CPA) and the Athletics Department, she said endured long hours and sacrificed a lot of her social life at UNH.

At large campus events like the annual White Out the Whitt hockey game against UMaine, Wong covered action on the ice and off in an arena of over 7,000 (More than five times smaller than the audience at Fenway). Wong said she photographed almost every team at UNH and most of her weekends revolved around different athletic events.

In 2014, within her first week as a first-year student at UNH, Wong attended an introductory meeting for TNH. From there she

continued to pick up the camera for events all around campus. Despite having no experience photographing athletics, Wong chose sports as her main focus.

"Honestly I didn't even know how to use a camera without using the auto-setting," she said. To increase her experiences and portfolio, Wong also took advantage of many non-athletic events that challenged her skills, like former President Barack Obama's visit to the Durham campus in November 2016.

"Every weekend was jam packed with different sporting events and not only did I have to shoot them, but I also had to go back and edit them afterwards," said Wong.

"She isn't afraid to take chances and work hard for the opportunities in front of her," Jeremy Gasowski, producer and photo/video content creator at CPA, said. CPA could only choose one photographer from their entire staff to cover Frozen Fenway. Gasowski chose to send Wong.

Wong considers Gasowski as one of her "biggest inspirations."

"She rocked it!" Gasowski said. He said that Wong's success at UNH and beyond came from her ability to be critiqued, create strong relationships, and her willingness to learn and put in the work.

In the summer following her graduation from UNH, an on-

line opportunity to intern for the Thunderbirds as their game day photographer appeared. Wong didn't hesitate to apply. Within a month, Wong was accepted into the program.

During her time as an unpaid intern, a paid position opened up for graphics and photo/video editing. Without knowledge on graphic design or video editing, Wong's passion for learning as an intern did not go unnoticed by her team of colleagues.

President Nate Costa of the Thunderbirds called her into his office to give her an interview for the full-time position.

Wong recalled the moment when Costa said she fit "into [the] office so well and I really want to reward you for all of the hard work that you've put in."

Costa rewrote the producer's role to fit Wong.

"I know you're not qualified for the producer position, but I'd rather hire someone who wants to be here and is passionate about this team," Costa said.

Since sixth grade, Wong said she knew she wanted her "life path to lead to the world of sports." She said growing up as a fan of the Boston teams and Pittsburgh Penguins emphasized how passionate she was about athletics.

Inspired by her mother, who is also a photographer, Wong said that she picked up a camera at a

young age, not realizing how passionate she would later become. Now, a professional photographer herself, Wong said she feels like capturing special moments in athletes' lives are what she thrives on.

Less than a year after graduating from UNH, Wong is a full-time photographer for a professional hockey team. She is no longer walking to and from class, but rather driving herself from her home in Northampton, MA to work or travelling with the Thunderbirds on their bus to away games.

Since the end of January, she has had approximately six days off total.

With the plan to stay full-time with the Thunderbirds for another year as a producer, she said she hopes to go one step further and "make it the NHL one day."

Wong even got a taste of life in the NHL. On March 30, Wong worked with the Florida Panthers' media team during their game against the Boston Bruins at TD Garden. She said this game gave her an extreme confidence and proved her long hours and hard work paid off.

"I am the happiest I have ever been in my life and it's crazy to think I am just getting started," she said.



Photos courtesy of China Wong

Space Center reasearchers discover a new way lightning starts

By Jenna O'del
STAFF WRITER

Lightning is on the radio. More specifically, lightning makes the radio, or radio waves, each time it forms in response to electrical charges of atoms in the atmosphere and wanting to connect areas of positively charged and negatively charged atoms.

While scientists understand why it forms, how it forms is a different story.

Julia Tilles, a doctoral candidate in the College of Engineering and Physical Sciences, has determined one portion of the lightning formation puzzle using radio science. Earlier this month, Tilles and her fellow collaborators published a paper in the scientific journal Nature Communications describing a “fast negative breakdown.”

Fast negative breakdown contrasts a similar phenomenon called fast positive breakdown, which was studied in a paper from 2016. Fast positive and fast negative breakdown refer to the

direction of an electrically conducting channel, which is made by the positively- and negatively-charged atoms wanting to connect. Electricity will move along this channel in one direction.

How this channel develops separates fast positive from fast negative breakdowns.

“If [this channel] grows... in the direction of the electricity flow, it’s called fast positive breakdown. If it’s in the opposite direction, it’s called fast negative breakdown,” Ningyu Liu, Tilles’ advisor and an author on the paper, said. Liu is also an associate professor in the Department of Physics and Astronomy and part of the Space Science Center.

Tilles and Liu discovered fast positive breakdown through radio science. Studying lightning formation poses a challenge: actually seeing the lightning. Lightning comes from within clouds, which block light and any cameras that want to photograph lightning—just like clouds blocking the sun.

Instead, since lightning produces radio waves at different frequencies, Tilles used an instru-

ment called an interferometer to measure the radio waves. Lightning has a short lifespan, so the interferometer’s three antennas collected radio signals “every 5.5 nanoseconds,” Tilles said. The signals then show what lightning looks like.

Tilles studied lightning formation in Florida, where she worked on the base of the Kennedy Space Center, battling insects and Florida humidity in August of 2016. The Kennedy Space Center is part of the National Aeronautics and Space Administration (NASA). While NASA is best known for its space research, it also conducts extensive research on lightning. Two authors on the paper are actually part of NASA.

One of the other authors is from New Mexico Institute of Mining and Technology (New Mexico Tech), where Tilles completed her Master’s in Physics. New Mexico Tech provided the interferometer.

Tilles did not go to Florida to investigate fast negative breakdown. She was studying other electrical phenomena in lightning

formation, which are related to fast positive breakdown. This was in response to the paper describing fast positive breakdown.

The paper focused on thunderstorms in New Mexico, but Florida thunderstorms have an advantage over New Mexico thunderstorms.

“The Florida thunderstorm can generate much more NBEs [storm-related electrical discharges] than New Mexico storms,” Liu said.

Why Florida thunderstorms differ is still unknown, although the answer may lie in how geography influences thunderstorm creation—the mountains of New Mexico affect clouds differently than the flat wetlands of Florida.

After an August 2016 storm, Tilles and Liu noticed that the lightning initiation they were studying had negative charges.

They didn’t expect this. Fast negative breakdown “is energetically less favorable,” Tilles said when explaining fast negative breakdown. Atoms prefer to move in ways that require the least energy, and fast negative break-

down requires more energy than fast positive breakdown. “We wouldn’t think it should happen, based on what we know from lab studies, and also from computational studies,” Tilles said.

Upon gathering these interesting results, Tilles developed computer models of lightning formation. The computer models confirmed that it was fast negative breakdown that was responsible for lightning formation.

Discovering fast negative breakdown suggests that “we still have a lot to learn about lightning in the thunderstorm,” according to Liu.

“The thunderclouds are just so much more complex...looking at dielectric breakdown [channel creation] in the lab, we’re not recreating the same situation as in a thundercloud,” Tilles said. This discovery “makes the case for getting better observations of lightning or things happening inside... it’s not obvious what’s going on in there anymore.”



Courtesy of Ningyu Lui

Health & Wellness preaches self-care during finals

By Valeriia Kholmanskikh
STAFF WRITER

With finals week just around the corner, students prepare to pull all-nighters, camp in the library, abandon all nonacademic activities, and ignore the entire concept of self-care. Unfortunately, all of those things are not only unhealthy, but also detrimental to the exam-taking process. With that in mind, Health & Wellness shared some advice on how to cope with stress during the end of the semester.

“I think there’s a lot of pressure to succeed when it comes to finals,” Shannon Seiferth, a wellness educator/counselor at Health & Wellness, said. “It’s a small timeframe, and [the students] feel like they need to cram in all of the studying, all that information... all of the focus goes to that, so they don’t give as much time to have fun, or take care of themselves and really do the things that

make them feel good... I think that adds to a lot of stress, not doing our everyday stress relievers that are so important during that time.”

One of the most important things in coping with stress is allocating time to relax; Seiferth recommended starting early and having a plan for the day to make sure students find time to relax.

“The number one recommendation for students would be to build in breaks,” she said. “The most important thing you could do is to truly take a break from studying to do literally anything else: go for a walk, stretch your body, move around, have fun, watch a funny video, laugh with someone. Even if you’re studying for a while, study for 50 minutes, break for 10.”

Even if an all-nighter appears to be the best way to prepare for an exam, those should be avoided, according to Seiferth. Getting enough sleep is crucial for better performance during finals.

“Don’t skip on the sleep.

People who sleep actually perform better on exam than those who are sleep deprived,” Seiferth said. “Avoid the all-nighters if at all possible. Our concentration, our attention, our memory are all improved with sleep.”

Another strategy Seiferth offered to lower stress during the exam period was to stop viewing exams as something scary and start seeing them as a challenge.

“Students can focus on their mindset. Are they seeing an exam as something they dread, or as a challenge, as something to prepare for? Visualizing a positive exam experience can be really helpful, as well as talking kindly to yourself, reminding yourself that you’ve been preparing for this,” she said.

Noticing stress in peers is as important as noticing it in oneself, according to Seiferth. Neglecting food, sleep or usual hobbies are the biggest indicators of high stress levels.

“Not continuing their regular self-care routines is the biggest

sign,” she said. “Things students traditionally make time for and are not making time for because they are overwhelmed might be a sign they’re dealing with stress.”

Knowing the signs of emotional or mental struggle can help students and help friends get through the exams. Seiferth recommended encouraging friends to take breaks, such as taking them out for a walk or a coffee. Encouraging self-care is one of the biggest things students can do for their friends.

“Being able to role model those positive things you’re doing for yourself is the best way you can help friends,” Seiferth said. “Being able to remind your friends that they’re more than their grades, reminding them that they’ve done a lot to prepare and that they’ve done a lot of hard work.”

Health & Wellness is organizing multiple events during finals week to help students to manage stress called “Frazzle-Free Finals.” Seiferth said that on May

7 from 2 to 4 p.m. in the Dimond Library, wellness ambassadors will be setting up tables for breaks and offering students water.

The same event will take place in the Engineering, Mathematics and Computer Science Library in Kingsbury Hall on May 7 from 5 p.m. to 7 p.m. On May 8, wellness ambassadors will be handing out popsicles by Thompson Hall, and there will be a “relaxation station” in the Dimond Library the same day from 10 a.m. to 3 p.m.

Although the list of activities has not been finalized yet, some examples are coloring, meditation, stress balls, and an “affirmation station” with positive Post-It Notes.

In addition to the events mentioned above, Dimond Library offers additional events during finals week as well; traditional therapy animals and the primal scream being just a couple of them, a more will be announced in the upcoming days.

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Former Washington Post reporter discusses Russia and journalism

By Benjamin Strawbridge
NEWS EDITOR

Journalist David Filipov shared his experiences reporting in Russia for The Washington Post and covering the rise of a post-Cold War Russia, as well as his perspective on modern news media, last Thursday in a talk in Hamilton Smith Hall.

A former chief of The Washington Post’s Moscow bureau for two years, Filipov also shared about his personal experiences in Russia during and following the Soviet Union’s dissolution in 1991. He recalled, among other events, being in a Soviet rock band that performed at a nuclear powerplant, witnessing the rise of the Russian tri-color flag and being inside the Russian Parliament the day the Soviet Union voted to dissolve.

“What do you think the vote was?” Filipov asked attendees. “...A lot of people were kind of wondering, ‘should we really do that, like, maybe it’s not a good idea, let’s keep the Soviet Union together.’ If there were 200 people there, how many people voted against leaving the Soviet Union,

ending the treaty, withdrawing Russia from the treaty that formed the Soviet Union? It’s like New Hampshire leaving the United States.”

After stating that he would give a dollar to anyone with the right answer, he revealed that only 16 out of 200 government officials that day voted to preserve the Union of Soviet Socialist Republics (USSR), with 174 in favor.

It was not just events that highlighted Filipov’s experiences in Moscow, as he also remembered meeting several high-ranking Soviet officials, such as Ukrainian President Leonid Kuchma and Russia President Boris Yeltsin during their signing of a peace accord in Crimea concerning the Black Sea Fleet and other territorial issues, as well as Yeltsin’s bodyguard who, according to Filipov, greeted him with a hit from his elbow. He also shared the times he spoke with General Secretary of the Communist Party of the Soviet Union Mikhail Gorbachev and, in later years, future Russian President Vladimir Putin, who told the journalist that Americans asking him certain questions made him suspect that they were “working on me--the KGB

ratted...”

Throughout his talk, Filipov expressed disappointment and concern with modern news outlets, especially television outlets, who he said sometimes, depending on the outlet, try to spread falsehoods enough times to promote a narrative, convince the public that they’re right or seed overall distrust in the media in the hopes of framing truths that don’t fit a certain narrative as lies.

“...what about those battalions on the border there? What about that rocket system that you converted from a ship that is now illegal?...What about all that, it’s proof that you’re coming,” he said. “And the thing is that even if an irrational Russian person knows that there’s no way in the world the United States is going to try and invade Russia, if you say something enough on TV, then you get 37 percent of Americans believe that the media is always lying.”

Filipov strongly disagreed with the assessment that people can grow to believe anything they hear, stressing that that few of the journalists he encountered and worked with over the course of the past 20 years purposefully tried to lie, making claims of purposeful

media deception especially concerning when it involves foreign happenings involving Russia and potential U.S. involvement.

“I knew two guys who did plagiarism and got kicked out and two guys who made things up and they got kicked out, but generally, reporters try to get what they can; they make a mistake because they generalize. They make a mistake because they’ve got 850 words and they need to get from here to here, and so they’ll say, ‘Ukraine’s former pro-Putin president Ninkovich,’ which is a mistake because Ninkovich is not pro-Putin...he was pro-money, he was pro-oligarchy, he was pro-stay-in-power-and-be-rich. He became pro-Russia when he fled to Russia. The proper way to say it is, ‘Ninkovich is a former president who fled to Russia after leaving power.’ That is correct; the other one is incorrect, but it’s a shortcut that everybody makes because it’s easy for us to say, ‘he fled to Russia...friend of Putin.’”

During his insistence that media, aside from commentators, do not lie and only get facts wrong due to mistakes, Filipov claimed that the media thinks that they have a “scoop” or a good lead only to exercise erro-

neous reporting, adding that he does not believe that “reporters at the [Washington] Post and the [Boston] Globe never go out [and say], ‘hey, let’s fool people.’” He said it “blows my mind” that the majority of the American public, beyond the “Trumps” and “Bernies,” believes that reporters lie because others continuously insist that reporters lie; this led him to conclude that, because Russians continuously hear that the Americans plan to invade despite a lack of transparency from their heads of government, they believe that an American invasion is in their future.

Filipov, according to The Washington Post’s bio page, left the Post in January 2018, where he covered Russia and the former Soviet republics as both a reporter and during his stint as bureau chief in Moscow. He also previously reported for The Boston Globe from Boston, Russia, Afghanistan and Iraq, per the webpage.

Those interested in hearing Filipov’s entire talk can listen to it at TNHDigital.com.

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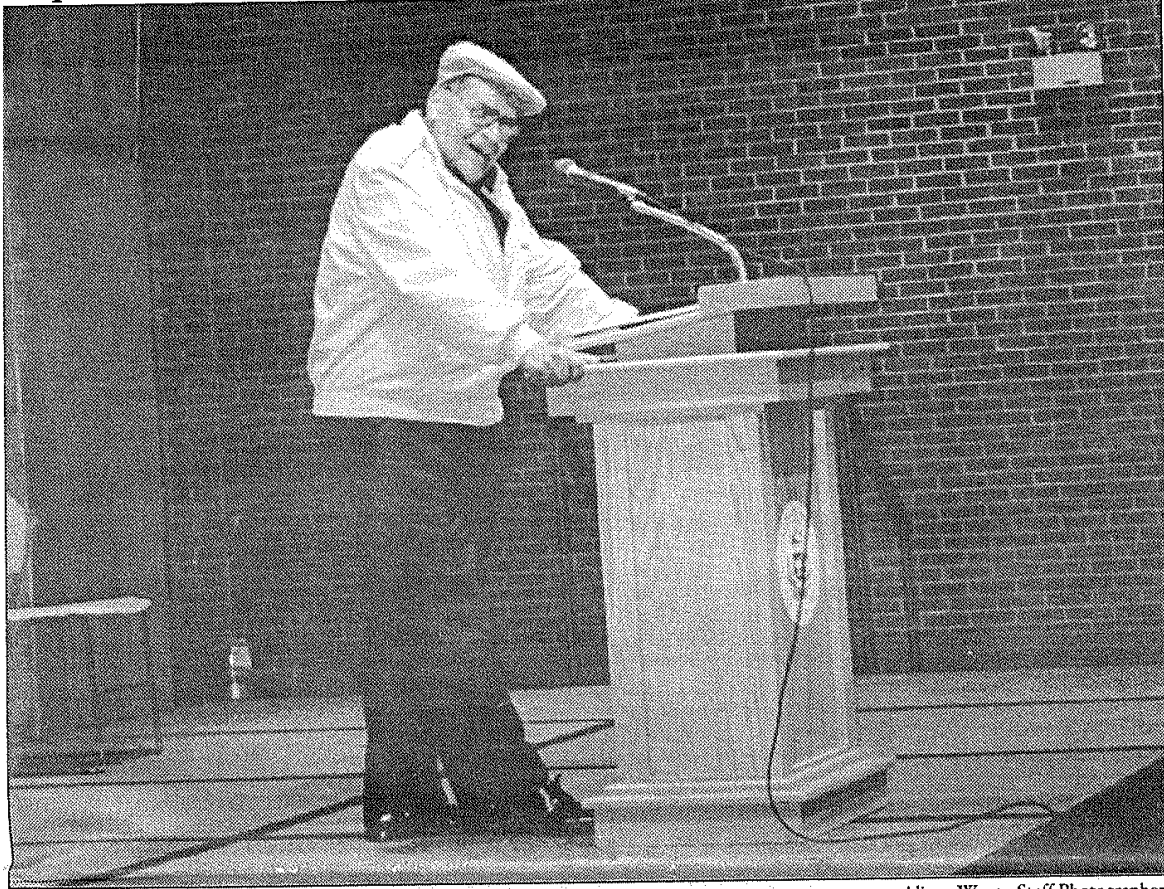
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Escalante delivers

Inspirational speaker Jaime Escalante talks about the desire to teach



Alison Wanta-Staff Photographer

The 1988 movie "Stand and Deliver" was based on the teaching career of Jaime Escalante, who spoke in the Strafford Room last Thursday.

By Jessica York
TNH Reporter

Last Thursday evening, the real-life inspiration for the 1988 movie "Stand and Deliver," Jaime Escalante, gave a lecture in the StaffEsord Room of the MUB last Thursday. The lecture, entitled "Ganas: Creating the Desire to Learn," dealt with inspiring the youth of today to have 'ganas,' or desires, when in comes to learning.

Escalante said to the audience, who strained forward to hear his heavily accented words, "I'm not a movie star, I'm just a teacher. As a

teacher, the only thing I do is convey passion."

He stood in front of his audience members, preferring to speak directly to them rather than through the nearby microphone. He was every bit the storytelling math teacher whose story was so compelling to the filmmakers who decided they would make a movie of his career, which began in 1972 and ended in 1991, at Garfield High School in East Los Angeles.

Escalante touched on the theme of his lecture when explaining how he sees his relationships with students and how he encourages future educators to follow

his example.

"I teach students to find ganas in all the things they do," he said. "I feel that if students of all races, ethnicity or economic backgrounds are expected to work, they rise to the occasion."

He then proceeded to reenact conversations he'd had with many of his students, changing his voice to match the accents of gang members and troublemakers that he worked with in his years at Garfield.

"You have to speak the language - identify at the same level, with the

see Escalante, page 9

Former presidential advisor to speak at commencement

By Chris Parker
TNH Reporter

Rain or shine at the May 20 commencement ceremony at Cowell Stadium, David Gergen, former presidential adviser and political commentator, will deliver the keynote address to the 2,500 or so members of the Class of 2000.

Gergen has served Presidents Nixon, Ford, Reagan and Clinton during their time in the White House. He served as counselor to the president, and as special adviser to the president and secretary of state under the Clinton Administration. In January 1995, he returned to his private life in New England.

University President Joan Leitzel said individuals such as Gergen are given a high priority because New Hampshire sets the pace on presidential campaigns.

"He is highly respected as an analyst of presidential politics, and we are fortunate to have him," she said.

Over the past three years, UNH commencements have had Vice President Al Gore, Sen. George Mitchell and the Secretary of Labor under President Clinton's first administration, as keynote speakers.

Gergen is recognized as a commentator mostly on presidential roles and the politics surrounding the presidency, Leitzel explained.

"He will give a powerful speech for us," she said. "We are glad to have him."

Gergen, who is currently a recognized editor at U.S. News & World Report, will be presented with an honorary doctor of humane letters degree. He already holds five honorary degrees, and he lectures all over the world.

He regularly appears in discussions on

the PBS program "News Hour" with Jim Lehrer and is a professor of public service at the John F. Kennedy



Courtesy Photo

David Gergen

His work in journalism, spread out over a period of nine years from 1984 to 1993, includes the position of editor at "U.S. News," where he guided and assisted the editor in chief, Mortimer Zuckerman, in a revival of the magazine's staff. They brought record gains in both circulation and

see Speaker, page 9

AAUP denies voting privileges

New union members won't be allowed to vote in upcoming elections

By Nick Copanas
Staff Writer

When history professor Eliga Gould heard that a group of professors, known as "The Alternate Slate," was running against the AAUP administration in the upcoming union elections, he decided to rejoin the AAUP to vote for the insurgents.

The AAUP accepted Gould's dues, but told Gould that he would not be able to vote in the next election.

"I received a call from the AAUP office last Monday and was informed that my check for the full year's dues had been received too late," Gould said.

Gould was one of eight professors that would not be allowed to vote in union elections after they joined the AAUP.

Gould said that most of the new professors are "Alternate Slate" supporters.

"I find it hard to believe that allowing the handful of people to rejoin would necessarily swing the election one way or another, though I think that the union leadership may be concerned with this," Gould said. "It leaves a bad taste in the mouth to say the least."

AAUP president Chris Balling said the AAUP would not allow the new professors to vote because they had not registered by election day.

"We're not refusing anyone who wants to join, we are refusing to allow anyone to vote in this election after the deadline has passed," Balling said.

Balling said that the AAUP considers April 13 election day.

"Ballots were mailed on April 13, to all AAUP members on that day," Balling said, "and the day the ballots are mailed is election day."

The AAUP mails ballots on the same day in order to reduce the chance of election fraud, said AAUP member and history chair Bill Harris.

But Harris said that the union should still allow new members to vote.

"It's more important that we maximize democracy within the faculty," Harris said. "When the decision could go either way, it ought to go towards maximizing membership and democracy and letting people vote as long as they have paid their dues."

The election committee will count the ballots on May 1.

Gould said that professors should be allowed to vote until the day that the ballots are counted.

"Administratively there is no reason why they cannot continue to mail ballots," Gould said. "The election isn't until May 1, so there's a fair lead time."

Gould said that it was unfair for the AAUP to exclude professors from the elections because the AAUP leadership never informed teachers of the applica-

see AAUP, page 9



25 April 2019



Courtesy Kathleen Studebaker

By Benjamin Strawbridge
NEWS EDITOR

At the University of New Hampshire's (UNH) woodshop in the Service Building on College Road, Kathleen Studebaker, an adjunct professor teaching ARTS 525: Introduction to Woodworking, could be seen working on one of several projects that covered one of the room's many service tables. On the same table, unfinished windmill blades represented prototypes of finished student windmills currently on display at the Paul Creative Arts Center (PCAC).

Studebaker, who originally graduated from Southern Illinois University with a master's degree in sculpture, has been practicing woodworking for nearly 13 years, and despite having been teaching at UNH for the last four years, this is the first year she has taught the course as the "instructor of record" due to the absence of her co-professor Leah Woods. While the class focuses on both the functional and artistic aspects of woodworking, Studebaker said that the class, regardless of who teaches it, always features an artistic aspect to its assignments.

This being the first time she had taught the class by herself, and given that she now had the opportunity to create the syllabus her way, Studebaker sought to create a simple yet wide-

reaching project early on, like a windmill, that would provide students with some of the insight, skills and ideas that she had acquired over her years perfecting her craft.

"So one thing I always wanted to do was come up with an object that we could have the students make really quickly at the beginning of the semester that would only take a couple weeks but that would introduce them to essentially all the basic equipment in a really short period of time, while simultaneously allowing them to end up with an object that they actually enjoyed having, you know, and that was fun to make," she said.

Diving deep into the construction of a typical student windmill, Studebaker explained that students used a variety of tools - including bandsaws, handsaws, sanders, drill presses, hand drills, dye grinders, countersinks and glue - to construct each part of the device. The professor also granted *The New Hampshire* a peek into the woodshop's basement area, where her own windmill and a handful of other student windmills were featured on one of the service tables.

Once finished, Studebaker encouraged her students to place them outside the side of the PCAC facing Parsons Hall as a means to showcase their work to the rest of the UNH community. The woodshop's Instagram videos feature

the windmills spinning rapidly in the wind on a sunny day as students observe the rainbow of wood on their way to class facing Parsons and Kingsbury Halls on Academic Way.

"We just wanted to put them up to showcase them and as like a fun... way of sort of transforming that environment for a little while and getting people to, you know, just look and notice," Studebaker said. "It's, like, really easy to walk around campus and... you get so used to everything that you see you kind of stop looking at things, you know. So, as artists, a lot of times we like to introduce a new object into an environment just to see how it changes that environment and how it affects people, so we put some bright colorful moving object in someone's way, you know they're going to look at it."

Although they were up for a good part of the semester during good weather, Studebaker said that they were recently taken indoors due to concerns of vandalism, as the students who made the windmills will be given the option to take their windmill home at the end of the year.

Studebaker said that overall reaction to the windmills has been positive from both those making them in ARTS 525 and others in the UNH community, including two or three students who have reportedly expressed interest in taking

the course in the future.

"I've gotten tons of comments on how fun they are and how interesting people think it is from students and other professors and staff people, all kinds of different people," she said. "I've gotten emails and even offers to buy some of them, so I've gotten a lot of really, really good feedback."

Despite Studebaker's plans to leave UNH at the end of the year and move to Philadelphia to pursue her teaching career further, she hopes that the windmills and similar projects in the future help with spreading awareness toward UNH's woodshop, explaining that some in the community were unaware that the university even had a woodshop until discovering the windmills.

"... (The project) is relatable and fun and it provides sort of an inlet into woodworking that is just easy to enjoy... it also looks more intimidating probably than it actually is to make them, you know," Studebaker said. "This is the intro class, (the students) have never done any woodworking before, so... they all just came in and made these really nice windmills."

"I think that kind of thing makes a person feel good about the subject that they're working in."



Courtesy Meghan Murphy



Courtesy RCA

Clandestine brings funk-filled jazzy performance to the Stone Church

By Emily Duggan
NEWS EDITOR

For Chloe Frye, a senior psychology major at the University of New Hampshire (UNH) and a regular at The Stone Church, seeing Clandestine and Marvel Prone at the popular Newmarket venue was something she had waited for all week.

The senior, who is graduating in a couple weeks, has something in common with half of the members of Clandestine, the jazz quartet made up of four UNH students: two of the band members will be graduating alongside her.

The band has secured a spot at The Stone Church on Thursday nights for almost the whole semester, playing what ends up seeming like a monthly gig; this past Thursday was one of their last performances as UNH students.

"I'm sad that it's one of their last shows at The Stone Church," Frye said. "Thursdays are always so much fun, and I looked forward to going to their shows."

Around 100 people came out to support the band and opener Marvel Prone, but guitar player and senior music performance major Keith Perry insists that it's not the end for Clandestine.

"I'm so happy this many people came out," Perry said. "We will be a band still, I hope so. I think everyone is staying around here."

To celebrate the occasion, the jazz group debuted new songs, one of which was called "Trains," and written by drummer Chris Salemme, a junior environmental conservation and sustainability major.

The crowd erupted in cheers as they announced the name of their song to the audience, many putting their arms in the air, already getting ready to dance along to the funkiness that is Clandestine.

"Once I heard the jazz come from the saxophone and the groovy tones on the guitar, everyone started dancing and it was so much fun," Frye said. "They performed very well and encouraged the crowd to get loose and enjoy themselves."

Despite playing new songs, the group also performs covers, originals and improvises on stage. Many people in the audience will recognize their Stevie Wonder covers, and the band, regardless of having no singer, is still able to make every person in the crowd dance.

"Playing with each other is a blast," Salemme said. "Since there's a lot of improv, every performance is different. I was also really pleased that the audience stuck around past midnight until we were done playing."

Before Clandestine took the stage, Marvel Prone, another UNH band, played an array of originals, but also two cover songs by the bands Vampire Weekend and Tame Impala, which many people recognized as they started to shout the lyrics.

Perry talked about playing with Marvel Prone his freshman year.

"It was fun, going into a band where someone is like 'I wrote this, see what you can do with it,'" he said about lead singer, sophomore physics major Rainor Vigneault's talent. Adding that he is all about "colors, vibes, auras, everything."

Vigneault had similar things to say about Clandestine.

"They [Clandestine] are amazing, blowing me away," he said. "It's a lot of fun, especially after people showed up and started dancing." On his own performance, Vigneault mentioned having a new drummer, Edward McPherson, and how they are "really starting to jive."

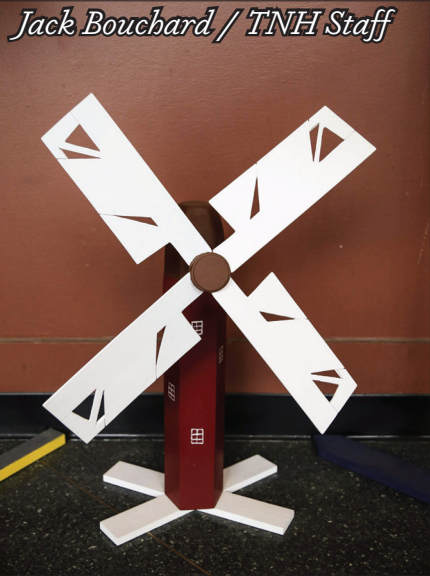
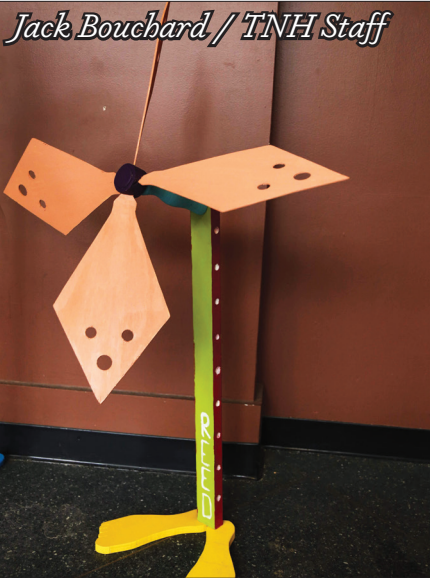
Both bands will take Freedom Fest at the Freedom Café this Saturday, and Clandestine will be at BRGR Bar in Portsmouth on Sunday. Marvel Prone will be playing at Solarfest on Sunday at the Fishbowl on campus.



All photos courtesy Meghan Murphy



Photo album: Windmills galore



Courtesy Anderson .Paak

Newsroom Noise

“Middle Child” by J. Cole - Josh

“Little Rain” by Morgan Wallen - Taylor

“Hey Gyp (Dig the Slowness)” by The Raconteurs - Bret

“Break Up With Your Girlfriend, I’m Bored” by Ariana Grande - Hannah

“E. Coli” by the Alchemist and Earl Sweatshirt - Caleb

“What Can We Do?” (feat. Nate Dogg) by Anderson .Paak - Sam

“Let’s Go #Febreeze Song” by Febreeze Car Vent Clips - Ian

“7 Rings” by Ariana Grande - Ben

“Daisy” by Pond - Emily

“Semi-Charmed Life” by Dance Gavin Dance - Katie

Favorite song released during this school year?

Editor’s note: My song of the year is the Alchemist and Earl Sweatshirt’s “E. Coli,” not just because it’s a gaping, emotional vignette from Earl, but also because of the significance of its timing. The song was released nearly three years after Earl had come out with any music at all, aside from the Android-pixelated-quality, shaky-handed recordings that some of his most devoted fans uploaded to YouTube after going to his concerts. At this point, I was malnourished for new Earl, just waiting for the day he would release even the slightest

sign that that he was even still breathing. And then, all at once, I got it: the pulsing vocal sample, futuristic synths and gorgeously trance-like instrumentation that the Alchemist produced quickly gave way to Earl spilling his guts. And in the first four lines, his tender, cutting words hit you like a grand piano falling from a skyscraper: “My thoughts, dreams, plots, and my schemes / That’s what’s on my mind when I toss in my sleep / My heart like my pen when I jot and it bleed / My cart

full of sin, when I shop it’s a spree.” In four lines and 40 words, Earl breathes a heavy, cathartic sigh of relief as it feels as if he exhales all of the pain and guilt he’d been harboring over those past three years of his life. While he probably made plenty of music over that three years, and this is only two minutes that he and the Alchemist strategically chose to release, it’s honesty floats around in the nebula of the hypnotic beat as Earl essentially releases an incantation of his frustrations and hurt. It’s a beautiful song, and while I loved

“Some Rap Songs,” which was released shortly thereafter, “E. Coli” marked the return of the prophetic wordsmith who had become a recluse. “E. Coli” only further proved that Earl might be rap’s most emotionally-tender writer, and as he ripped his heart out of his chest and stuffed it into the two-minute time frame he and the Alchemist decided upon for the song, I couldn’t help but smile knowing that Earl was back, and as captivating as ever. - Caleb Jagoda, Arts Editor

MAD ABOUT BOOKS

★★★★

‘Maid: Hard Work, Low Pay, and a Mother’s Will to Survive’ by Stephanie Land

By Madailein Hart
STAFF WRITER

Stephanie Land has an amazing talent to pull at the heartstrings of her readers. “Maid: Hard Work, Low Pay, and a Mother’s Will to Survive” is a memoir, following Land in her first few years of motherhood while she tries to figure out how to keep herself and her daughter afloat with no help from her ex or her family. The first line, “My daughter took her first steps in a homeless shelter,” just hooked me and I couldn’t put it down.

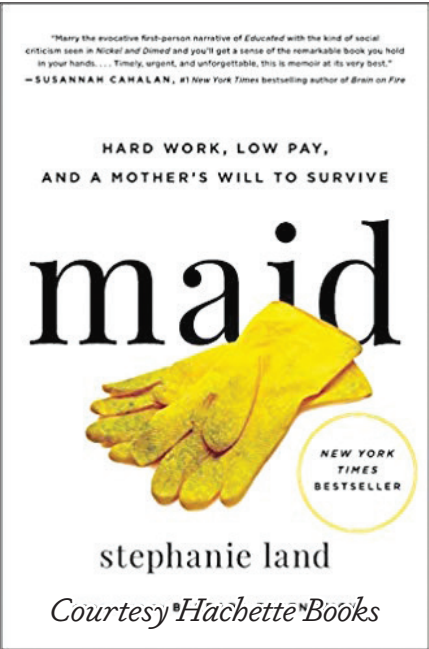
Land had grown up in a middle-class household with her parents and her brother. While she was applying for college, taking pride in the fact that she would be the first in her family to go, she finds out she is pregnant. Even though she barely knows the father, she loves the idea of being a mother and starting a family, so she puts college on hold. After she becomes pregnant, her boyfriend grows more and more abusive, and it doesn’t end when their daughter, Mia, is born.

Although her boyfriend was abusive, her family didn’t seem much better. When she and Mia moved in with her father, the father wanted them out quickly. This caused a rift between her father and stepmother, and she discov-



ered that her father was abusing her stepmother. Her stepfather calls her “entitled” when she couldn’t pay for lunch after moving out of the homeless shelter, and her mother won’t spend time with her unless the stepfather is invited as well.

The biggest part of the book, obviously, was Land’s time as a maid. She worked for two cleaning companies, at one point working for both at the same time, and found her own clients. She had to find her own transportation



and her own cleaning supplies, and her bosses were furious if they had to pay her overtime. She saw houses with stacks of porn, tons of flowers, lots of dogs, horrific toilets (that almost caused her to quit) and endless bloody pads and tampons.

Most of the chapters in the middle of the book focused on what she thought of the homeowners, what she believed they thought of her, and what the House came to teach her about herself or other people. There were people who just

called her “maid” and never bothered to learn her name; others would learn her name and her daughter’s name and become aware of what was happening in her life. Some would just avoid human contact with her all together despite the fact that she was cleaning the most intimate parts of their lives, while there were others who would invite her to have lunch with them.

All while this is happening, Land is trying to get full custody of her daughter, as her ex has Mia every other weekend. Meanwhile, she struggles to stay out of the homeless shelter despite working 60-hour weeks and being on seven different government aid programs. She never wants people to know that she’s on these programs because, as Land puts it, “How would they view a cleaning lady on food stamps? As a hard worker or a failure?”

I would recommend this book for anyone who likes a memoir, likes reading about social issues or anyone who has a maid or has come into contact with a maid. It is beautifully written, and half the things she writes I could not believe were true. I can gladly say there is a good ending to this, and readers can see how Land is doing on her social media pages, which make it feel like the story never really ended.

Book review: ‘The Art of Racing in the Rain’

By Rose Correll
STAFF WRITER

“The Art of Racing in the Rain” by Garth Stein tells the story of one dog’s life told from his own perspective. Enzo, a loveable golden retriever, begins his story at the end, when he knows his sun is setting sooner than later.

The novel may have a sad undertone throughout because it begins on the eve of Enzo’s last day living, but this

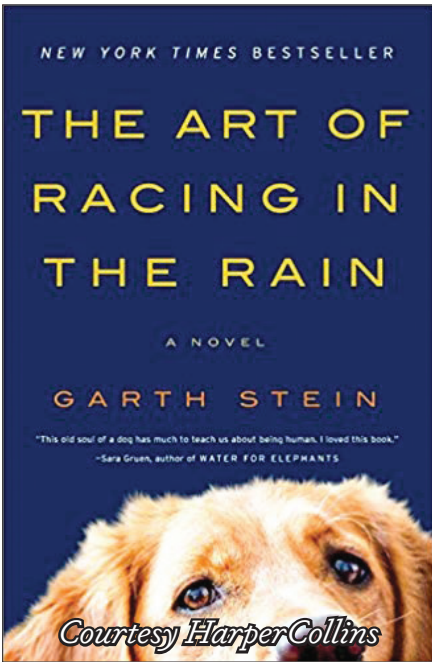
has a bigger meaning - the dog tells his story starting from when he was a puppy and met his humans. Enzo then goes through his years with Denny, his owner, and how their family of two grew into a family of four.

“Enzo knows he is different from other dogs: a philosopher with a nearly human soul (and an obsession with opposable thumbs), he has educated himself by watching television extensively, and by listening very closely to the

words of his master, Denny Swift, an up-and-coming race car driver,” Garth Stein’s official website reads. “Through Denny, Enzo has gained tremendous insight into the human condition, and he sees that life, like racing, isn’t simply about going fast. Using the techniques needed on the race track, one can successfully navigate all of life’s ordeals.”

My mother nagged me to read “The Art of Racing in the Rain” because she knows I am a huge dog person and even more so with goldens. Here’s the thing, though: I refuse to watch or read anything where a dog dies or gets hurt physically or emotionally, so when my mom told me about this book, my answer was an automatic “NO!” After some serious convincing on my mom’s part, I reluctantly began reading.

“The Art of Racing in the Rain” will make you laugh, cry and look at your pets in a whole new way. If you aren’t already wondering what your dog thinks of you, you will be after reading this. This is the only thing involving a dog who dies that I would consider going



through the emotional rollercoaster for. Dog enthusiast or not, Stein’s novel is something everyone should experience at least once.

Don’t forget the tissues!



Review: ‘Social Cues’ by Cage the Elephant

By **Bret Belden**
EXECUTIVE EDITOR

Cage the Elephant lead singer Matt Shultz and his wife divorced after seven years, a marriage spanning four of the band’s five major LP releases and the early stages of Shultz’s high-voltage 30s. If there’s one thing the Kentucky native’s known for, it’s his unabashed lyrics about personal struggles that he belts over distorted guitar and heavy drums. He wants to let the world inside his head.

Now, Shultz has never been closer to achieving just that.

“Social Cues” opens with “Broken Boy” where Cage gets right to the point. The shrillness they ditched for 2015’s “Tell Me I’m Pretty” makes its grand re-entrance in a combination of furious lyrics and indistinct blaring. It’s easy to mistake this one as a return to form in “Thank You Happy Birthday” fashion, but there’s something outright unique about “Broken Boy” that’s hard to pin down.

Follow-up tracks “Social Cues” and “Black Madonna” clear that right up. Layered guitar riffs heighten the rhythm to keep things moving in the former, while “Black Madonna” slows considerably as Shultz confronts the truth: “Nowhere left to run, nowhere left to hide / You’re not havin’ fun, I think that you should ride / Call me when you’re ready to be real / Black Madonna, my hallelujah,” he sings over the mirage-like chorus.

This first stage tackles the doubt one feels even left face-to-face with the writing on the wall. Denial exists outside of the grieving stage - like it or not, there’s no escaping what becomes unfortunately clearer by the day - and Shultz conveys that in the context of failing marriage.

Beck joins the fray in “Night Running” and delivers on his namesake. He offers wide perspective to the Kentucky rockers having spanned genres from alternative to hip-hop in his lengthy career. “Night Running” doesn’t sound like a Beck song by any means, but his impact comes down strong in conveying the paranoid tone: “Pull the night shade / Tell me what we’re hiding from ... Are we for real, yeah / Or just pretending? / Will it burn out by the morning?”

Dying relationships rarely go without a fight. “Night Running” discusses times when everything seems fine, could be fine, if it were possible to bottle that momentary hopefulness up for later when things aren’t. In times like these it seems there are three parties to a partnership, where the third fights for both sides. Except it always burns out by morning.

Next is “Skin and Bones” boasting the finest melody on Cage’s fifth album. It’s the first true thematic shift in “Social Cues” where the group sheds its protective layer and surrenders to itself - metaphorically, since Shultz writes the lyrics, but the pace in this song shifts down about three gears from its predecessors. Whether the other band

members understood Shultz’s pain is irrelevant when they can convey it so convincingly this way.

“Ready to Let Go” and “House of Glass” strip away the metaphor and what’s left is perhaps Cage at its most vulnerable. The two contradict one another brilliantly - “Ready to Let Go” touts acceptance, followed closely by the anger and aggression in “House of Glass.” It’s a one-two punch of pure instinct that exists positively after every breakup.

“Love’s the Only Way” is effective in delivering a message but slacks compared to the rest of “Social Cues.” It doesn’t have much going for it besides its contribution to the narrative and a haunting mix of string melodies, but Cage is always good for one or two of these - see “Rubber Ball” and “How Are You True” from past albums. True slow songs don’t fit Cage’s identity.

“The War Is Over” delivers revelation, combining raw emotion with logic to achieve what’s likely this album’s brightest and darkest point. “You can build your walls, love will tear it down / You can hide your heart inside a man-made house / You can build your walls, build ‘em to the sky / One day you will find, love was on both sides / The war is over, love’s already won.” Knowing this is half the battle of moving on, and often the easier one - the other half is learning to live with love even after it’s gone.

Kicking off the back end of the album, “Dance Dance” is a numbing

ejection from emotion. Backing vocals majorly comprise the chorus without the use of words. Perhaps some things are better left unsaid when all that’s left is to feel. That Cage can flip this switch with ease is a testament not just to their musical prowess, but their comfort in showing their human side.

“What I’m Becoming” and “Tokyo Smoke” deserve the most praise here from a strictly enjoyment perspective because they get better with each listen. While I’d not advise shuffling through “Social Cues” since it’s as close to a concept album as a band can get without fully committing, these two take a few more listens than the rest. Five, six times through, and it’ll make sense.

The album ends on “Goodbye” with the best use of strings Cage has mustered since it adopted them two years ago for a live show. “Seems like yesterday I was a child / Just a ripple in the folds of time / I wish you well, I wanna see you smile / It’s alright, goodbye,” Shultz admits.

He also managed just one recording of the final song, singing through tears, before disappearing from the studio for weeks. Some way to close out an album.

“Social Cues” works outside-in at the root cause, feelings and pain of losing someone despite endless attempts at solving the relationship. The unfortunate truth is that it can’t be solved. At some point, the war is over.

Review: ‘Titanic Rising’ by Weyes Blood

By **Sophia Kurzius**
STAFF WRITER

The Weyes Blood album “Titanic Rising” feels a lot like time-traveling. At some points, I feel like I’m listening to an unreleased song from Carole King’s Tapestry. At others, I feel the carefully orchestrated entanglement of synth and string swells are from some psychedelic futuristic planet in the galaxy.

Weyes Blood is a moniker that 30-year-old American artist Natalie Mering adopted when she was just 15 years old. Mering has released four studio albums and an EP, gaining traction with critics and fans alike, even securing an opening spot on Father John Misty’s 2017 world tour; “Titanic Rising” was just released April 5 of this year.

Lyrically, akin to peer Father John Misty, the album tackles modern elements such as the disintegration of love within current society. She breaks the fourth wall between music and reality by echoing “it’s a wild time to be alive.”

Growing up, the heartbreakingly seraphic melodies of headstrong yet romantic female folk singers-songwriters would sail through my house like a breeze. Karen Carpenter. Linda Perhacs. Judy Collins. There wasn’t a day when my dad didn’t put on a Laura Nyro record. Her voice possessed delicate depths of emotion that would pour through each song in a real gentle but paralyzing way.

The fervent execution of Nyro’s

songs can be seen within the songs on “Titanic Rising.” The album feels like a time capsule. It feels like I’m back in my house listening to my Dad’s records, which is ironic given that the first line of “Titanic Rising” is “If I could go back to a time before now before I ever fell down, go back to a time when I was just a girl.”

The album visuals feature Mering swimming through her bedroom. Yes, her bedroom is filled to the brim with water, yet everything... including a computer, a lit lamp, a bed with a teddy bear on it, and posters hanging on the wall... is in perfect condition. There is even a window that has a glowing light emerging from it. The visual is not only aesthetically impressive, but also genuinely mirrors the feeling of the music on the album. The title track is short, an eerie, vocal-less exploration that sounds like how the album cover looks. It sounds like being underwater.

The first 20 seconds of the opening track of the album, A Lot’s Gonna Change, sounds like a score to a space-age mystery movie. Everything goes silent and for a brief moment, it’s just piano. Then Mering’s Karen Carpenter-esque voice. Then a beat. And then it breaks into the rush of instrumentation. A sweepingly sad ode to nostalgia, the song encapsulates the phrase “you live and you learn.”

In Andromeda, Mering really does sorta become a space cowboy. The guitar sounds like another voice, sliding over the delicately harmonized vocals.

Instrumentation drops out for the third verse, except for the sound of a synth organ. Somehow the song feels spacey, cowboy-like, beach-y and gothic at the same time.

“Everyday” embraces a Beatles swing, having a very sunny-day-in-suburbia feeling to it. Mering explores her ability to love in a world that she finds to be split between the lovers and the loveless. The lyric “The other night, I was at a party and someone sincerely looked at me and said, “Is this the end of all monogamy?” shows the intensity into which Mering is surrounded by and, in turn, exudes. She is grand in the purest sense of the word.

“Something to Believe” is that long-lost Carole King track I was talking about. Mering’s voice swoons over piano and sliding guitar— sounding like standard classics in the history of Americana folk rock. She uses the power of her voice with perfectly placed, isolated, gentle vocals that starkly contrast the melodic crescendo’s her songs take.

“Movies” is celestial, a little scary, with low melodies and scattered song structure. The pre-chorus features her singing the word “why” over an extended period, as the backing track increases in volume, creating an intense atmosphere within a looped backing track. From the chord changes behind the moment she sings “put me in a movie,” to the bridge dissolving into just strings, followed by a powerful rebuilding as she repeats “I wanna be the star of my

own movie,” Mering yet again achieves a mirror of theme and delivery, creating something incredibly cinematic.

“Mirror Forever” sounds slow, methodical and familiar— in a deep-cut Lana Del Rey song type of way. The bridge is eerie and haunting, as she repeats the line “Oh baby, take a look in the mirror” with growing intensity and harmonization. This track shows Mering’s experimentation, as it is distinctly less folk and more soft rock.

“Wild Time” is the longest track on the album. Again, following her lyrically cinematic theme, the song feels like the end of your favorite movie when all the best moments are compiled into that perfect montage. The chorus has a psychedelic melody, still grand but more reflective, as she lyrically reflects on a concept she has meditated on throughout the entire album— it’s a wild time to be alive.

“Picture Me Better” is a sweetly sung song I immediately sent to my Dad— it possesses that nostalgic, time-capsule, deep 70’s folk sound that appeals across generations. Like many of her songs, pieces of the lyrics on this could be ripped apart from the music and exist solely as poetry.

The album ends with a hypnotic, string driven instrumentation. Just as Mering swims on her album art, the disappearance of her vocal in the last track causes the listener to submerge their head, too, fully into the music.

Derrell, the Fisherman

The powerful roar of rushing water, hurried and violent. Glistening scales appear briefly above the rapids. Sunlight illuminates the magnificent creatures, plentiful yet contained in the untamed current.

A torturous tease for the lone fisherman sitting hunched over on the riverbank. One hand on his growling gut, the other grips a heavily-worn wooden rod.

He examines the hook, its bait once again stripped by the swift stream.

The rod crashes to earth, its cry lost in a chaotic mess of vibrations, an audible battle in which it stood no chance. A hand now free, the man wipes his sodden brow before reaching into his jacket pocket.

A tiny stone emerges. He handles the pebble with profound care, presumably aware of the extensive powers encapsulated within.

He inspects the perfectly symmetrical stone which he reluctantly received from the hand of a fellow fisherman, whose voice still echoes long after that distant night — I only offer this to the desperate, as this should be your last resort if all else fails.

His eyes now aimed ahead, he tosses the magical stone and watches the rushing river swallow it whole.

A patient hour passes before the current eases. Wiping a tear before grabbing his rod, the man fishes until the night arrives.

Just before his trek home, he pauses in the darkness. The serenading silence of the river, almost as sweet as the lingering taste of the once elusive fish.

The fisherman returns just before dawn. A smile stretching from ear to ear, he hauls a fresh tub of bait. His eyes widen as the early morning rays reveal motionless green-tinted water, doing little to mask the sight of sickly fish slowly dying below the surface.

His grin now gone, the fisherman slowly descends to his usual spot on the shore. Casting into the unrecognizable river, he examines the hook from afar, its bait sitting undisturbed in the stagnant stream.

By Harrison Hawkins
CONTRIBUTING
WRITER

Letter to the Editor

Mr. Patrick Hampson, in his well-written, albeit dense, TNH article, “Liberals Must Stop the Progressive Left” (TNH, April 18), is wrong in his assumption that the “progressive left”, as he calls it, is on the wrong track. They are likely on the only track that works. It is that “progressive left” that is responsible for bringing us something we vitally need: the Green New Deal. Nothing less than four decades of UNH’s own climate and ecological research, not to mention the similar research of many other American and global institutions, indicates very clearly that two young women in particular, 29-year-old Alexandria Ocasio-Cortez, newly elected congresswoman from New York and not much

older than most UNH students, and 16-year-old Greta Thunberg of Sweden, clearly younger than UNH students, together with a much older man, Bernie Sanders, all of whom would be thought of as the “progressive left,” are right on the mark. If we are to have a future, we’d better consider embracing the Green New Deal and the progressive left which is behind it. Under our present circumstances, and given the present reality, that’s only common sense.

By John E. Carroll
UNH PROFESSOR
EMERITUS OF
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Belt it from the master bathroom

Recently, my good friend Cooper Paradise took a shower. This isn’t out of the ordinary for him, by the way. I just wanted to leave you hanging there for a second and question the consistency of his hygienic schedule.

So here’s the story: Recently, I went to go visit some of my very close friends at their suite in Mills Hall. I don’t get to see them as much as I would like to, so whenever I do I always like to take my time. The majority of us have been the best of buds ever since our freshman year when we all met in the charmingly sporty Gibbs Hall two years ago. Cooper, on the other hand, is a sophomore who we met last year because he went to the same high school as one of our mutual friends, Danny Brammer. Ever since meeting him, we’ve all come to find that Cooper is on the quieter side, a mysterious enigma of sorts with a stone-faced complexion and an incredibly serious mentality. However, when you really get to know him, you’ll see that he loves to have fun and can kid around with the best of them.

Yet, when you get to know him, you’ll see that he is Miley Cyrus-esque in the sense that he gives off the idea that he lives a double life. With this in mind, I’ve come to a conclusion:

When Cooper Paradise runs the water to get into the shower, he becomes 9-time Grammy Award-winner, 2000s mega-pop icon Rihanna.

I wish I was actually being serious. However, it’s time to actually talk about something near and dear to my heart- the art of finding the perfect shower song. To provide context, Cooper’s go-to shower singalong is Rihanna’s “Umbrella.” My absolute favorite part is when he doesn’t realize his baritone voice sounds like the Allstate spokesman as he croons “Umbrella, ella, ella, ay, ay, ay, ay...”

You can’t even deny that everybody has a tune they love to belt out in the shower. For a while, mine was Adele’s “Chasing Pavements,” a ballad of introspection and self-realization that a certain lover has left her at a dead end. Do I think about the inner trauma Adele has experienced in this game of lover’s turmoil? No exactly? Do I passionately belt it out from the metaphorical mountaintops as if I’m standing in front of Simon Cowell, Paula Abdul and Randy Jackson? You better believe I’m trying to go to Hollywood.

And the acoustics! I don’t feel like Whitney Houston until

I’m standing under the shower stream, embracing the magic of the setting and the acoustics within it. One’s voice can dip and swing in a mystical crescendo as they lather and rinse the day away.

In essence, the artist in all of us reappears when we hit the showers and hit the soundwaves. It can be tough to find an intimate setting where we feel comfortable enough to let out our truest emotions in song. A good old shower song is a testament to the emotional trials that humans experience in a lifetime. Whether it’s love or loss, there’s no place to be more self-expressive through song than the shower.

To Cooper: Despite the fact that you sound like a wannabe, contemporary, 150-pound version of Barry White, I respect your desire to express yourself in shower song. Will I ever get tired of hearing you yell out lyrics to the greatest pop hits of the mid-2000s? That’s going to be a no from me, dawg.

By Ian Lenahan
MANAGING EDITOR

TNHdigital.com



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The New Hampshire is the University of New Hampshire's only student-run newspaper. It has been the voice of UNH students since 1911. TNH is published every Thursday. TNH advertising can be contacted at tnh.advertising@unh.edu or by phone at (603) 862-1323.

One copy of the paper is free but additional copies are \$0.25 per issue. Anyone found taking the papers in bulk will be prosecuted.

The paper has a circulation of approximately 5,000. It is partially funded by the Student Activity Fee. The opinions and views expressed here are not necessarily the views of the University or the TNH staff members.

Advertising deadlines are Monday at noon. All production is done in Room 132 of the Memorial Union Building on Main Street in Durham.

Printing services provided by:



The New Hampshire is a proud member of the
Associated Collegiate Press



From the *Editor's Desk...*

Here's to learning stuff

You know, that thing we're supposed to be doing

The great thing about being a college student is lacking responsibility without recourse for the first time in your life. If the grades stay up it's quite acceptable to sit in bed until 2 p.m. every Monday and Wednesday and every other Friday, assuming you ate a microwave burrito early enough in the morning to tide you over until mid-afternoon. Roommates aren't going to say a word because one of them is without a doubt asleep at all times. That is a fact.

Then junior year hits and some of the things your parents told you start to make sense. Questions like "What did you do today?" (knowing good and well the answer is 'nothing at all') and "When are you going to get a girlfriend?" ring a little louder while you watch your older friends graduate in your face.

(P.S. I don't forgive you guys for that, by the way.)

No one thinks they're especially lazy when exhibiting these habits but there comes a point when it's necessary to recognize missed potential. I've been blessed with the ability to scrape by while keeping up appearances, but most disturbing lately is the realization that this isn't a positive trait. There's nothing more disappointing than believing in someone who doesn't afford himself the same trust.

Grades are an easy and com-

fortable way to quantify effort because we've been accustomed to that system for almost 16 years. More so, it lets students get away with things that don't fly in the real world – review paragraph one – by establishing an *A* as the mark of success. I won't rip into people who work hard on their grades, because I think that's great, but it's not the only reason we're here. We're supposed to do more than that, I guess. So maybe life isn't a Slip 'N Slide. Isn't that a terrifying prospect?

Now I'm dealing with dozens of employers who don't respond to my applications, and I struggled for some time to understand why. Lots of self-doubt in the last several months about how I've spent my time at UNH. It's not that I'm unqualified – I've done plenty in my time here to build an above-average resume (scrape by, why don't you?) but never found it prudent to get help formatting it in a way suitors find appealing. No one ever told me to do that, damn it!

You wouldn't believe this – asking for help, using resources included with tuition to get out there, it actually works. Who knew? Maybe the hundreds of students who listened to their advisers freshman year. I bet they knew.

I don't regret how I've spent my time here, because it's helped

socially develop the thing between my ears. I have always been capable of getting grades and spent too much time on that in the back half of my time in high school, then overcompensated a bit in the first half of college. There's a midpoint, I'm sure, so to anyone who's found it: kindly share. Thanks.

I'm happy to have another year before graduation but not because I'm afraid to enter the real world. It's actually quite exciting to imagine where I'll end up. Senior year will be about finding the right balance, staying dedicated and meeting my own expectations. The best advice I've gotten here was half-criticism: I have potential but haven't realized it. Instead of trying to shape my life by taking the necessary steps to build something meaningful, I'm supposed to focus on what's going on here and now and let the rest take care of itself. Something like that.

Maybe this means something to you, maybe not. I'm only trying to figure my s**t out here like the rest of you, so cut me a break, alright?

Bret Belden
Executive Editor

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We welcome letters to the editor and aim to publish as many as possible. In writing, please follow these simple guidelines: Keep letters under 300 words. Type them. Date them. Sign them; make sure they're signed by no more than two people. If you're a student, include your year, major and phone number. Faculty and staff: Give us your department and phone number. TNH edits for space, clarity, accuracy and vulgarity. Bring letters to our office in Room 132 in the MUB, email them to tnh.editor@unh.edu or send them to The New Hampshire, MUB Room 132, Durham, NH 03824.

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An exhibition of a former TNHHer's work



CHINA WONG/FORMER TNH PHOTOGRAPHER



Sean Crimmins' NHL roundabout



COURTESY OF 12UP.COM

Bruins deadline acquisition Marcus Johansson (above, 90), scored a goal in the Bruins series clinching win over the Toronto Maple Leafs.

By Sean Crimmins
SPORTS WRITER

The first round of the NHL playoffs has been nothing short of exciting. There were plenty of hot storylines going in and there’s just as many going into the second round.

The Tampa Bay Lightning went into the postseason after a historic regular season in which they tied the 1995-96 Detroit Red Wings for most wins in a regular season with 62. After posting that insane 62-16-4 record over 82 games, they met the Columbus Blue Jackets who snuck into the second wild card spot, only two points ahead of the Montreal Canadiens.

The Washington Capitals entered the playoffs looking to defend their title as Stanley Cup Champions and to show their rival, the Pittsburgh Penguins, that they can repeat. The Caps would

face the Carolina Hurricanes, who made the playoffs for the first time since 2009 to break the longest playoff drought in the NHL.

The New York Islanders have returned to the playoffs and Long Island after having played at the Barclays Center in Brooklyn for the past three seasons, and they will face the Penguins. Then there are the St. Louis Blues, who entered 2019 dead last in the NHL. Yet, they surged with the help of rookie goalie Jordan Binnington to finish third in the Central Division and clinch a playoff birth.

By far the biggest shock of the first round was the record-breaking Lightning team getting swept by the Blue Jackets. Columbus, who had never won a postseason series in the history of their franchise, dominated the heavy favorites easily. With the help of their trade deadline acquisitions Matt Duchene and Ryan Dzingel stepping up and goaltender Sergei Bobrovsky standing on

his head in net, the Blue Jackets won all but one game in the series by more than one goal.

Tampa Bay is a fast paced and offensively stacked team that relies on scoring highlight reel goals from solid passing, but Columbus was able to disrupt the passing lanes effectively enough to shut down Tampa Bay’s offense. Teams coached by John Tortorella have been known for solid defensive structures that are hard to beat.

On the local front, the Boston Bruins once again have come out victorious against the Toronto Maple Leafs in seven games.

They now move on to the Conference Semifinals for the second year in a row. This time they will face a tough Columbus team. Boston was pushed to the brink, going down 3-2 in their first-round matchup but came up with a big road win and then closed out a less experienced and younger Toronto team.

This season, after signing John Tavares as a free agent in the offseason, Toronto had a much more lethal first line weapon at their disposal. He had a goal and an assist in game 1 to help Toronto take an early series lead, but the B’s were able to shut him down, limiting him to only three points over the remaining games in the series.

Much like 2018, the Bruins top line of Brad Marchand, Patrice Bergeron and David Pastrnak came up huge, and Boston continues to ride off their dominance as a trio. They will look for those three to keep up the offensive pace against a tight defensive group in Columbus.

Last year the Bruins lost in the semifinals to Tampa in five games. They lost due to their significant lack of scoring depth. After scoring six goals in Game 1, the Bruins were only able to muster up goals from three players outside of their top line. Only

two of them were forwards, one of them being Rick Nash who retired before the start of the 2018-19 season.

The top line was still scoring, but not enough to carry the team. If the Bruins want to advance to the conference finals, they will need players like Jake DeBrusk, Charlie Coyle and Danton Heinen to step up to match Columbus’ forward core, as they got a lot deeper after the trade deadline.

The Blue Jackets have a lethal top two lines with a very solid third line, great top defensive pairing, and a hot goaltender in Brodovskyy.

The Blue Jackets are a hot team having won seven out of their last ten regular season games and four straight against Tampa. The Bruins won the regular season series 2-1 outscoring them 12-10.



Women's lacrosse defeats UVM 20-14 in Burlington



COURTESY OF UNH ATHLETICS

UNH graduate attacker Teagan Northrup (above) recorded 7 points in Saturday's victory over UVM. Senior attacker Mickinzie Larivee had 6 points.

By Bailey Schott
SPORTS WRITER

UNH senior attacker Mickinzie Larivee and graduate attacker Teagan Northrup combined for an impressive 13 points to lead the Wildcats to a 20-14 victory over the University of Vermont on Saturday.

Larivee matched her season high in assists (two) and goals (five) while Northrup recorded a career-high three goals.

Senior attacker Catherine Sexton scored her 50th career goal finishing with four points.

Despite the loss Vermont was led by senior attacker Jenna Janes

and redshirt first-year midfielder Grace Giancola who combined for four goals and six assists.

The Wildcats improve to 10-5 overall and 5-1 in America East play tallying their second win in a row. Clinching a playoff birth on Friday, UNH is now tied for second in conference standings.

Vermont got things going early jumping out to a 1-0 lead less than two minutes into the game. However, Larivee answered at 25:51 and again at 23:05 sparking a 5-0 scoring run by the Wildcats.

Sophomore midfielder Elizabeth Blanding set up sophomore midfielder Gabby Masseur for the third goal at 20:12 and Northrup

followed with an assist to Larivee 37 seconds later to extend the UNH lead to 4-1.

Larivee capped the run after cutting through two defenders and putting the ball in the top right corner of the net for her fourth goal. The Wildcats led 5-1 with 14:57 remaining in the first half.

Senior attacker Jenny Caoili scored the Catamounts' second goal 30 seconds later to cut the lead to three. However, the 'Cats answered with another scoring run stretching the lead to 8-2 at 7:34.

In the seven-minute run Northrup tacked on the first goal followed by Larivee and graduate midfielder Devan Miller.

Attempting to cool the Wildcats down and chip away at the lead, UVM called timeout and scored on the ensuing possession.

UNH's offense stayed hot through the final seven minutes of the half putting up another three goals from Sexton, Miller and Powell, advancing the lead to 11-3 at half.

Sexton's 50th career goal came at 18:19 in the second half and gave the 'Cats a 15-8 lead.

The Catamounts cut the lead to three after scoring four consecutive goals in three minutes. 16-13 Wildcats at 10:47.

At 6:48 Larivee found sophomore midfielder Julia Neyland from behind the net for a goal.

First-year midfielder Abby Cranney found the back of the net a minute later to push the lead back to five in the final five minutes.

Masseur and Sexton scored UNH's 19th and 20th goals at 4:41 and 2:34, respectively.

UVM scored one last goal in the final minutes of play, but it was not enough to overcome the seven-goal deficit, handing UNH the 20-14 win.

The 'Cats wrap up the regular season with senior day against Stony Brook University on Sunday at 12 p.m.. America East Championship play begins May 3 at Stony Brook.



UNH @ UVM

20-14



Column Showdown

We have entered a new era in TNH Sports, one where the true champion of column showdown has stayed in the game and the other (Michael Mawson) has given up. Just kidding. Michael is about to graduate, and we wish him the best. That said, new sports editor Josh Morrill is ready to challenge the grandmaster in column showdown for this upcoming year. We start the rivalry with our takes on the 2019 NBA Playoff, as we debate what part of the association has brought the most excitement.

-Sam

Why are people talking about Jared Dudley?



Sam Eggert
SPORTS EDITOR

Look. Dame Dolla’s performance against Russell Westbrook and the Oklahoma City Thunder is one for the ages, and I can’t deny that. That said, the Eastern Conference #3 vs. #6 matchup provided the most entertainment. Who would have thought that Jared Dudley of all people would be in the thick of every tussle between the raspy Nets and the bully-ball Sixers? Not the ma-

jority of NBA fans. For those who did not follow the Nets throughout the regular season, Jared Dudley has been the emotional leader in a tightknit locker room from the moment he donned his number six jersey. Before this season, I always thought of Dudley as a guard-forward combination who could shoot fairly well and played tough defense, since that’s what he’s been dating back to his days at Boston College. Fast forward to 2019, and he’s a stretch four on a playoff Nets team, matching up with Joel Embiid more often than not, and playing an instigator role. Unbelievable, right? If someone told me Embiid would matchup with Jared Dudley in a playoff series before this season started, that person would have lost their sports credibility in the mind of most. Yet, here we are. Jared Dudley added thirty pounds

of bulk (I can’t tell what kind of bulk), and he’s playing the role similar to the one Reggie Evans played for the Nets. The 76ers do not hesitate to talk smack or commit hard fouls, and it was only a matter of time until someone from the opposition barked back. When Embiid elbowed Nets center Jarrett Allen to the floor, enough was enough for Brooklyn’s squad. The NBA world finally got to know Jared Dudley 11 seasons into his career, and man, was it entertaining. As if Dudley shoving and yelling at Embiid was not enough to excite, notorious hothead Jimmy Butler decided to buck right at Dudley, which resulted in Butler’s ejection. Dudley got ejected as well, but Butler’s ejection is much more devastating to his team than that of Dudley. Either way, the Nets got destroyed by Philadelphia, but I always get a kick out of the little man standing up to the

big bully. Especially when it’s the 76ers. I hate the 76ers. Speaking of how much I hate the 76ers, I was in Denver, Colorado last week at the National Club Volleyball Tournament. There were hundreds of teams from all across the country, so with little surprise, I saw some guy wearing a Ben Simmons shirt. We were waiting in line to buy t-shirts, and I immediately hit him with the classic line, “so how about Ben Simmons’ jump shot, eh?” “He’s working on it. It’s better than it was last year,” said the Simmons fan. “He’s still the next LeBron James you know,” he continued. “LeBron James has a jump shot. Matter of fact, it’s pretty good from time-to-time,” I rebuked. “When’s the last time Simmons hit a three in an NBA game?” *Silence*

“That’s what I thought.” The rest of the conversation was too inappropriate for TNH, but let it be known that I walked out of that brief conversation looking much better than the dumb Ben Simmons fan.



Damian Lillard is as good as it gets



Josh Morrill
SPORTS EDITOR

It’s time to put respect on Damian Lillard’s name. The seventh year point guard just might be the second-best at his position in the NBA behind two-time MVP Stephen Curry. Yet, Lillard still wears the title of “most underrated player in the National Basketball Association.” Lillard is in limited, but ac-

complished company after Tuesday night’s all-time great forty-foot jumper. He is one of only four players to hit a series clinching shot in the playoffs, and it has only been done six times in NBA history. The most memorable series clincher of all time is Michael Jordan’s, “The Shot,” and while this buzzer-beater doesn’t measure up, it still will hold a significant place in Blazer history. The 2013-14 season was the last time Portland surpassed the first round of the playoffs and they have not been to the conference finals since 2000. The shot that ended the Thunder’s roller coaster of a season epitomized Lillard’s performance. Three early fouls committed by C.J. McCollum caused “Dame Dolla” to play the duration of the first half. He picked up his backcourt mate’s slack as he put up 34 points in the first half, following it up with 16 in the second.

This shot highlights Lillard’s underacknowledged greatness, as he was named First-Team All-NBA last year for the first time. He could make an all-NBA team this season after averaging nearly 26 points, five rebounds, and seven assists. For his career, the Portland guard has averaged 23.5 points, four rebounds, and six assists in a seemingly quiet fashion. These stats tell part of Lillard’s story, as his ability to show up in clutch moments has cemented his status as an elite NBA player. Paul George naively tried to challenge Lillard’s shot selection on the final play of Tuesday’s game five matchup, calling it “a bad shot.” What George didn’t comprehend was that Lillard was 5-for-7 shooting from 30-plus feet away in the playoffs before that shot, and he was a 37 percent three-point shooter during the regular season. What might be the most impressive part of Lillard’s

first round performance was his unwillingness to get in a petty battle with opposing overrated point guard Russell Westbrook. It seems as though Lillard was conscious of Westbrook’s emotional antics and he refused to let the series be a showdown between the two of them, which Westbrook has done religiously in previous years. This series showed why Lillard is a better basketball player than Russell Westbrook. Not athlete, but basketball player. Being a stat-padding narcissist that is in constant fights with media members isn’t a good recipe for winning. Being a leader that constantly reassures his organization that he has full confidence in them and consistently producing at a high level, does. Also, the calm and cool nature of Lillard’s game under pressure towers over Westbrook’s, as Westbrook has gone 0-3 in his last three postseason

series. The performance Lillard displayed this past series should make more of an impact than any other player still playing in the NBA playoffs. Lillard has the most ground to gain with his standing among top-tier players, and that has been present in his numerous all-star game snubs despite the quality of play he has laid out for everyone to witness. After game three of the series, both Westbrook and Dennis Schroeder mocked Lillard’s usual late-game antics in their lone win. After his miraculous game-winner, Lillard issued a wave toward the Oklahoma City bench, displaying irony that only Portland could appreciate. This wave should be signaling an end to the underappreciation of one of the best, most clutch players in an NBA loaded with upper echelon talent.

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UNH track and field teams prevail in Boston



COURTESY OF JESS SPEECHLY

UNH men's track and field members warm up for their 265.5 point winning performance at the Jay Carisella Coaches Invitational in Boston, MA

Cameron Beall SPORTS WRITER

The Wildcats kept their hot streak alive as both the men's and women's teams won their third consecutive meet when they went down to Boston for the Jay Carisella Coaches Invitational.

The men's team ended their day with 265.5 points. Trailing the Wildcats were the host school – Northeastern – who came in second with 236.5 points, and UVM who had 131 points.

Senior Jon Chapman took first place in the hammer throw on Saturday with his throw of 185' 4". UNH senior Eric Brogioli fell just short of Chapman, throwing only 184'.

Junior Zachary Astle has seemed to have cemented himself atop the shot-put leaderboards week in and week out, as he once again took first on Saturday throwing 53' 9". Astle also made his way up to second-place in the discus throw. The junior threw a personal best of 142' 11".

First year thrower John King

Jr. also took home one of the eight victories for the men's team, winning the javelin. King Jr. threw 176' 8".

As for the track, senior runner William Ulrich won the 800-meter race in 1:56.63. Fellow UNH junior Matthew Adams came in less than a second behind Ulrich, finishing in 1:56.81.

Another pair of UNH teammates finished first and second in the 3000-meter steeplechase. Junior Nicolas Sevilla-Connelly won the event in 9:21.77, and sophomore Aidan Sullivan was the runner-up, finishing in 9:31.71.

First year runner Orion Clachar won another event for UNH as he took the 400-meter hurdles with a time of 58.59 seconds.

UNH also enjoyed a win from their 4x100 relay team of junior Joseph Hook, first year runner Emmanuel Nkounkou, sophomore Jordan Buckmire, and first year runner Michael Monahan. The team won the event in 44.12 seconds.

Buckmire also earned a win in the triple jump. The sophomore

won with a jump of 47' 3.5".

The first year jumping tandem of Nate Hobbs and Nkounkou had themselves a day on Saturday, as Hobbs won the long jump with a distance of 22' 7.25". Hobbs and Nkounkou tied for second in the high jump, as they both capped out at 6' 2".

On the women's side, the 'Cats took first place in the meet with 216 points, followed by Northeastern with 189 points, and UVM with 120.

The women saw wins from two of their own relay teams. The 4x100 team of first year sprinter Isabella Livingston, senior Jessica Hackett, sophomore Maria Virga, and first year sprinter Cris-meily Borg won their event in 49.52 seconds.

The 4x400 team of Hackett, junior Elise Renahan, first year sprinter Zakiya Scott, and senior Emileigh Glode won the race in 4:04.84.

Glode and Scott also found themselves near the top of the 400-meter hurdles standings, as Glode finished second in 1:08.42. Scott took third, just about one second behind her teammate in

1:09.23.

First year athlete Kelly Hamlin also took second place, but in the 400-meter race. She finished in 1:02.02.

Another Wildcat runner who finished second was junior Morgan Sansing. The distance runner finished her 10k run in 39:53.27.

A pair of juniors finished top-three in the 3000-meter steeplechase as Michaela Conery ran in 11:21.48 – a new personal best – finishing second, and Madeline Quigley finished her third-place run in 11:35.70.

First year athlete Saige TuDisco finished her day with a top-three finish in three different events. TuDisco finished second in the 100-meter hurdles, finishing in 15.02 seconds. She also finished third in both the high jump and the long jump. TuDisco capped out at 5' 3" in the high jump and jumped 17' 11.75" in the long jump, which is a new personal record.

Sophomore Lauren Quann came out victorious in the javelin, as she threw 134' 1" which is a personal record. Finishing behind Quann was junior Natalie

Howes whose 119' 6" throw was good enough for second-place.

A couple other second-place finishes were junior Alyssa Colbert in the discus, and senior Sabrina Anderson in the pole vault. The two athletes finished with 140' 11" and 10' 4" respectively.

Both teams will be back in Durham on Saturday at 11 a.m. as they will look to go 3-0 on their home turf thus far in the outdoor season.

